

Grade: 2

Lesson Number: 8

Unit Name: Ten Nānaks

Course: Virṣā

Title: Gurū Aṅgad & Obedience

Standards

Standard 5: Ten Nānaks

- Students identify the 10 Gurūs and two Choṭe Sāhibzāde.
 - *Students will be able to name all 10 Gurūs and two Choṭe Sāhibzāde. They will be able to identify a few key characteristics of each Gurū. The stories about the two Sāhibzāde should introduce concepts from Gurbāṇī, including pain (dukh), joy (sukh), as well as martyrdom (shahīdī).*

Objectives

1. Students will learn about aspects of Bhāī Lahiṇā's (ਭਾਈ ਲਹਿਣਾ) life as Gurū Nānak's Sikh. They will focus on obedience, humility, service, and surrender.

Prerequisites

- Previous completion of Lesson one in the Ten Nānaks series.
- This lesson plan is the first in a two session series about Gurū Aṅgad (ਗੁਰੂ ਅੰਗਦ).

Materials

- Life story books about Gurū Aṅgad Sāhib (*sākhis* of Gurū Nānak asking Bhāī Lahiṇā to do things he was not used to doing; (ie: working in the fields, story of rebuilding a building [wall] over and over again, having to retrieve the bowl from the dirty well, washing of clothes, etc...)
- Legos (enough for all children to build a decent sized structure with)
- Paper/pencil
- Have name of the Gurū written in both English and Gurmukhī to put up as a sign

Advanced Preparation

- Teacher should be familiar with all details of Bhāī Lahiṇā's life until his transformation to Gurū Aṅgad.

Engagement (15-20 minutes)

- Begin class by telling children that you want them to do a special project with Legos.
- Give them instructions to make a building that stands about three inches tall, has stairs in it, and has a color pattern to it. Instructions can be made simpler if need be, depending on number of children.
- Give children three to five minutes to build the structure. Go around and tell children that they did not follow the instructions correctly and that they must repeat the step.
- Have children repeat creating the structure three times, and each time say that either they followed instructions incorrectly or that you do not like their structure.

- After the activity have children take three-five minutes and write what they felt about the exercise. Tell them that you would like them to be honest when they write about their activity.
- Have them put their writings away.

Exploration (35 minutes)

- Tell children that there was a specific reason for why you had them do the activity and that before the end of the class, everyone will realize why.
- Begin telling Bhāī Lahiṇā's sākhi highlighting that he was born into a family that worshipped Durgā (ਦੁਰਗਾ), followed by his having to take over his father's responsibility of taking worshippers to Vaishnū Devī (ਵੈਸ਼ਨੂ ਦੇਵੀ) and then his encounter of listening to Bhāī Jodh singing Āsā Kī Vār (ਆਸਾ ਕੀ ਵਾਰ) and his meeting with Gurū Nānak.
- Explain to children the connection that Bhāī Lahiṇā made with Gurbānī was based on his understanding of what it meant, and also what his mind desired at the time.
- Continue by telling Bhāī Lahiṇā's story focusing on Bhāī Lahiṇā's reaction and obedience after the meeting of Gurū Nānak. Touch on stories such as that of working in the field and having to carry a dirty load on his new clothes, having to go and pick the bowl from the dirty well, being asked to go wash Gurū Nānak's clothes at a very late hour of the night, and being asked to eat a dead body.
- Ask children what all the above stories show of Bhāī Lahiṇā. Try to have children come up with words such as: obedience (duty, following directions), humility (not pride), love, respect.
- Now ask children to take out their writings from the Lego exercise. Have a few children read their responses. Most children would say that they were frustrated with the activity or didn't know why they were doing the activity. If children don't make comments about how they felt about the teacher at the time the activity was being repeated, make sure you ask them direct questions as to how they felt about the teacher.
- Finally tell them the story of Gurū Nānak asking Bhāī Lahiṇā to construct a wall in the rain and how every time it was built, Gurū Nānak would tell Bhāī Lahiṇā that he was not satisfied with it. Bhāī Lahiṇā always continued to do what he was told.

Explanation/Extension (5-10 minutes)

- Explain that Gurū Nānak was using these tasks as a way of testing Bhāī Lahiṇā.
- Explain to children that Bhāī Lahiṇā became Gurū Aṅgad because of his commitment to, love towards, and obedience of Gurū Nānak.
- Tell them that even in his bānī, he talks about service in a very special way which makes us think how we should serve.
- Read and explain the attached stanza to the children.
- For the literal meaning go to: www.gurugranthdarpan.com

Sabad by Gurū Aṅgad in Rāg Āsā on Page 474

ਸਲੋਕੁ ਮਹਲਾ ੨

saloku mahalā 2.॥

ਚਾਕਰੁ ਲਗੈ ਚਾਕਰੀ ਨਾਲੇ ਗਾਰਬੁ ਵਾਦੁ ॥

cākaru lagai cākarī nāle gārabu vādu.

A servant seeks to serve, but remains arrogant and argumentative.

ਗਲਾ ਕਰੇ ਘਣੇਰੀਆ ਖਸਮ ਨ ਪਾਏ ਸਾਦੁ ॥

gala kare ghaṇerīā khasam na pāe sādu.

This servant talks a lot, but the master is not pleased.

ਆਪੁ ਗਵਾਇ ਸੇਵਾ ਕਰੇ ਤਾ ਕਿਛੁ ਪਾਏ ਮਾਨੁ ॥

āpu gavāi sevā kare tā kichu pāe mānu.

Surrender yourself in service, and then find some honor.

ਨਾਨਕ ਜਿਸ ਨੋ ਲਗਾ ਤਿਸੁ ਮਿਲੈ ਲਗਾ ਸੋ ਪਰਵਾਨੁ ॥੧॥

nānak jis no lagā tisu milai lagā so parvenu. 1.

Nānak, meet whom you seek, the seeker is accepted.

If a servant performs services to his Master but boasts about it, and also makes fun of it, then those services do not please the Master. The services which are done with self sacrifice, they are honored and welcomed by the master. Those servants who serve their Master with heart and humanity they get the audience of VaahGurū and are acceptable to him.

Evaluation (On-going)

- Students will be asked to explain the importance of the above salok in relation to Bhāi Lahīṇā's life by being able to bring out the importance of obedience, humility, service, surrender and love.

Teacher Resources

Singh Teja and Ganda Singh. A Short History of the Sikhs. Patiala: Punjab University, Patiala, 1994. pp. 16-18

Singh, Puran. The Book of The Ten Masters. Amritsar: Singh Bros., August 2002. pp. 48-57

Bains, Raghubir Singh and Roop singh. The Life Story of Gurū Angad Dev Ji (An Illustrated Spiritual Journey). Amritsar: Baba Sewa Singh Ji Kar Sewa Wale. Distribution by Singh Bros., 2004